

Teacher Studies , September 10, 11, 12, 2021

Non Certified Teachers :

Friday , Sept 10 8:30 – 10:00 practice
10:00 – 1030 break
10:30 – 12:30 peer teaching
12:30 – 2:00 lunch break
2:00 – 5:00 teaching, discussion , pranayama

Saturday : Sept. 11 8:30 – 10:00 practice
10:30 – 12:00 studies small group
12:00- 1:30 lunch

Certified Teachers arrive 1:30 – 5:00 Everyone works together.
Certified teachers will have arrived no later than 1 PM and/or can
also participate on Saturday morning if you wish to arrive on Friday
night. While Lisa and I are working directly with the non certified
teachers on Saturday morning, any certified teachers present can
participate in practice, and will be given a philosophy/ pranayama
assignment for group discussion.

6:00 – 8:00 group dinner

Sunday , Sept. 12 8:30 – 10:00 practice
10:00- 10:30 break
10:30 – 1:30 studies

Group lunch

The end